

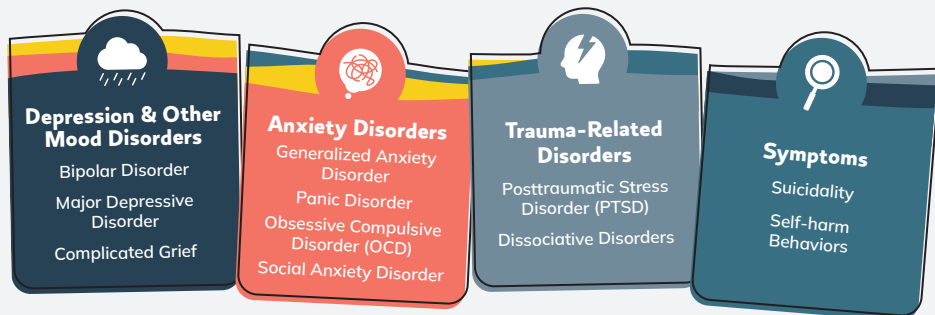


# Hey there, we're... **Lightfully** teen

## Things feeling a little heavy (or maybe a lot heavy) right now?

Whenever you're ready, we got you. Lightfully Teen is one of the only teen programs in the nation dedicated to **Primary Mental Healthcare**: where every individual is treated with compassion and care as a human — not just a diagnosis.

*Lightfully operates 18 programs across California. Lightfully Teen works with students of all genders, ages 12-17. Unlike other companies, Lightfully's focus on **Primary Mental Healthcare** is centered on these experiences:*



## Your Care at Lightfully Teen Treatment Programs

We offer 3 levels of care during your healing journey. From our 6-bed Residential Treatment Centers — small, intimate cohorts which allow for more one-on-one care — to our daytime Outpatient Programs (PHP & IOP).



**Residential Treatment (RTC)**  
24-7 Support and Supervision



**Partial Hospitalization Program (PHP)**  
5-7 Days/Week, ~6 Hours Per Day



**Intensive Outpatient Program (IOP)**  
3-5 Days/Week, ~3 Hours Per Day

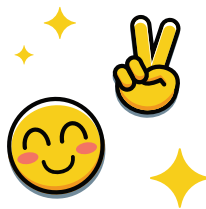
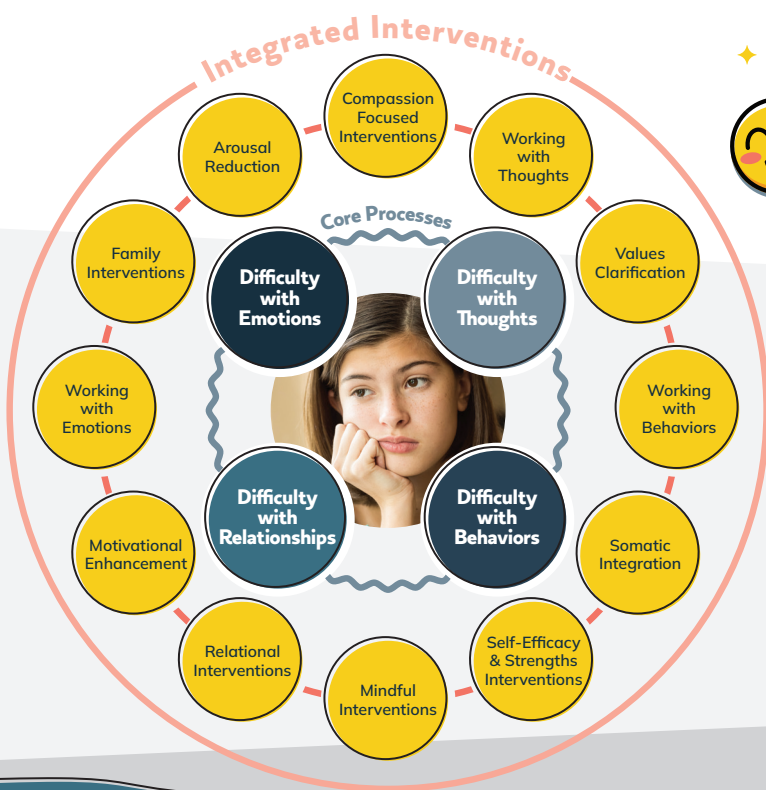
● 24-hour residential care in a beautiful, home-based setting

● Treatment while living at home

# A Revolutionary Clinical Approach

Lightfully has pioneered the use of **Process-Based Therapy**: a carefully selected synergy of treatment interventions focused on your immediate needs and bigger goals.

The benefit of PBT? A more personalized, holistic mental health treatment that's designed *specifically for you*. We're one of the first and only behavioral healthcare providers in the nation with a focus on PBT.



Want to know  
how PBT can  
work for you?



Snap the QR  
code to watch  
a helpful video

Lightfully accepts all commercial insurances, and all PPO policies. We are currently in-network for the following plans:

- ✦ Anthem
- ✦ Anthem Blue Cross
- ✦ Blue Cross Blue Shield (BCBS)
- ✦ Blue Shield of CA

- ✦ Health Net
- ✦ Magellan
- ✦ MHN
- ✦ MultiPlan



## Ready to connect or have questions?

We'd love to help. Snap the QR code here, or you can reach out to an Admissions Expert at (866) 860-7812.